## **Project Title: PSB Highlight Report**

# **Workstream: Early Years (To Give Every Child The Best Start in Life)**

Date: 7/10/19

Project Lead: Sandra Husbands/Alison Williams/Nina Williams

Project Overview	Links to other workstreams or partners
Jig-so is a multi-agency and multi-disciplinary team involving health and local authority staff. The project aims to offer support to young or vulnerable parents (aged 24yrs and under) at the earliest possible opportunity - in the first 1000 days of their children's lives.  The team consist of 7 midwives, 4 nursery nurses, 3 early language workers and 5 parenting workers. All are colocated and work together as one team. Due to the multiagency structure of the team, it is able to offer a greater level of individualised support than other agencies are able to provide. The success of the services is measured on reducing the number of children that enter the care system and reducing adverse childhood experiences.	<ul> <li>Established referral pathway from generic midwifes that identify need.</li> <li>Positive links with Action for Children.</li> <li>Robust links with statutory services.</li> <li>Established pathways of support for families within the wider Early Intervention Service (EIS) area</li> <li>Joint work with the wider EIS service, to ensure the needs of parents, older than 24 years of age, are supported through a 'virtual' Jig-so model of support.</li> </ul>
Primary Care Child and Family Wellbeing Team (PCCFWT) - GP Network	Primary Care Child and Family Wellbeing Team (PCCFWT) - GP Network
The PCCFWT is funded by 3 out of 5 GP Cluster Networks in Swansea. It is a collaborative initiative funded by health and implemented by staff within Swansea Council's Early Intervention Services. The project aims to improve family	Positive relationships with key health professionals in GP cluster networks

wellbeing and resilience through the offer of, tailored, home based interventions for families with children from birth to the age of 11 years, who present at their local GP with concerns regarding children's behaviour and development.

The team consist of 2 full time family workers that are employed by CCoS.

## Additional Learning Needs – Non Flying Start Workforce Training

A suite of training has been identified and planned for delivery during Autumn 2019. The training will support Swansea's Early Years Childcare settings (private and third sector childcare) to have a better understanding, and provide due regard to the ALN Code of Practice.

The training will aim to raise awareness among the childcare workforce to understand their duties around ALN. The training will also support staff to prepare and maintain individual development plans (IDP's) and support the workforce to collaborate with parents, specialist provision and the Local Authority.

## ALN Grant - 30 Hour Funded Childcare Offer

The funding awarded through the ALN grant is for childcare providers, to provide access to childcare for 3 & 4 year olds, and support each child's individual needs.

The funding can also be utilised to help upskill the workforce with training such as support for dealing with specific medical

- Referral pathway's established between other early intervention services and third sector providers.
- Established links with statutory services

## **Additional Learning Needs Training Initiative**

- Flying Start
- Education
- Health
- Speech and Language

and/or developmental needs and general training that is directly linked to the provision of care for a specific child.

#### **SKIP Meithrin**

SKIP Meithrin is the evidence based early years' movement programme that has been developed in collaboration between Dr Nalda Wainwright from the University of Wales Trinity St David, the Wales Institute of Physical Literacy, Swansea Active Young People Team and the Family Resource Team.

The programme's ambition is to upskill the childcare workforce to support the movement experiences of the children in their care. The outcome of the programme is to support the development of the physical competency among the early years and achieve the optimal outcomes in physical literacy and educational attainment.

## **Project Outcomes/ Milestones**

## JIG-S0

This service continues to meet the service delivery outcomes. Due to the complexity of the multi-agency pathway, the Jig-so service develops an annual report and evaluation. This will be available in February 2020. Previous evaluations demonstrated that better outcomes for the young parents and a large proportion who were referred to the project by the

#### **SKIP Meithrin**

- Ageing Well Work stream By helping develop children's fundamental motor skills we are helping children to build a movement vocabulary that will serve them going forward and help them be the best that they can be in respect of physical activity. The aim is to develop a firm foundation of movement skills to provide children with opportunities to engage well with physical activity over the course of their life.
- University of Wales Trinity St David (UWTSD)
- Flying Start
- Non maintained day nurseries
- Active Young People Team
- Family Resource Team
- The Physical Activity Alliance

local authority were closed to social services involvement or removed from the social service's 'at risk' register. Furthermore, JIG-SO service showed improved health outcomes for parents and children. Parents also reported feeling more confident as a parent.

## Primary Care Child and Family Wellbeing Team - GP Network

The project continues to achieve the service delivery outcomes. An evaluation was undertaken in 18/19 in collaboration with Public Health Wales, Swansea University, 1,000 Lives Improvement Collaborative, Wavehill Ltd, and Swansea University Health Board. The evaluation demonstrated the service produced a potential cost saving of £86,315 in upstream health and social services costs including an estimated £16,759 in GP appointments. Of the cases examined in the evaluation, 100% of families reported an improvement in all areas of wellbeing for both children and adults. This service recently won the NHS Wales Award for Improving Health and Wellbeing.

## Additional Learning Needs – Non Flying Start Training

During the school autumn term, 160 training places will be offered to the childcare workforce in Swansea. Since the delivery of the initial training sessions, the education psychologist, and childcare opportunities manager are developing an enhanced training plan after additional learning around ALN was identified. The initial awareness raising sessions highlighted that the childcare workforce requires a

greater intensity of learning around understanding ALN, the pathways and referral processes.

### **SKIP Meithrin**

The rollout of support, to early years' settings is progressing, with 3 additional settings joining the programme and receiving 12-week support prior to Christmas. It is an aim to achieve complete coverage across all early years' settings in time. University St Trinity Wales is currently developing and evaluation framework to evaluate the effectiveness of the programme.

## **Key Updates this period**

## **Highlights - Achievements / Outcomes**

### JIG-SO

Has been shortlisted for the Health Service Journal Award under the Health and Local Government Partnership Category.

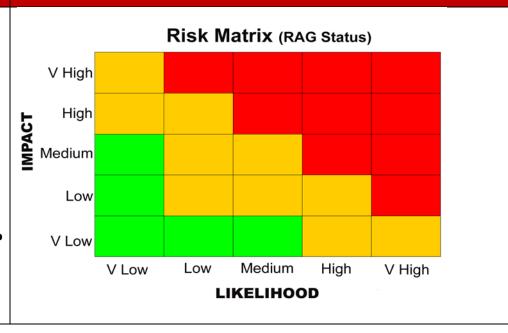
## **Challenges/ Barriers**

The service continues to manage demand for the service and actual service capacity.

 Primary Care Child and Family Wellbeing Team - GP Network

The project won the NHS Wales Award under the category of Improving Patient Wellbeing. The project has also been

## Overview of key risks



shortlisted for the Royal College of General Practitioners - Cluster Innovation Award. The winner will be announced on the 15<sup>th</sup> November 2019.

The project has been selected for final consideration and potential approval as a national Pacesetter.

## **Challenges/ Barriers**

Continuation of managing service demand and capacity

## • ALN - Non Flying Start Workforce Training

One of three ALN training sessions has been delivered to over 40 childcare managers and Special Education Needs Coordinators (SENCO) within the non-maintained sector. It has become clear that the non-maintained workforce requires additional developmental support around their understanding of ALN and the referral pathways.

#### SKIP Meithrin

Capacity to roll out 12-week programme to all early years' settings is limited to Active Young People and Healthy Preschool Coordinator time.

Financial uncertainty around supporting training and supportive resources.

## Jig-so

Risk 1 - Potential budget pressures for 2020/2021

## **Primary Care Child and Family Wellbeing Team**

Risk 1 – Continuation of funding for 2020/2021 and possible staff redundancies.

Priorities for next period	Stakeholders Involved & Communication undertaken
Priority 1  JIG-SO  • To continue to offer a responsive service to vulnerable young families.  Priority 2 Primary Care Child and Family Wellbeing Team (GP Network)  • To continue to manage capacity and demand. • To continue to explore continuity funding options.	Jig-so Swansea Bay University Health Board and City and County of Swansea  Primary Care Child and Family Wellbeing Team (GP Network) GP Clusters, Swansea Bay University Health Board and City and County of Swansea
Priority 3  ALN – Non Flying Start Workforce Training  • To develop an enhanced training plan for the non-maintained early years' workforce.  Priority 4  SKIP Meithrin  • To continue to mentor the setting that have accessed the SKIP Meithrin training to ensure that the learning translates into practice.	SKIP Meithrin UWTSD, Private Sector Early Years Settings, Flying Start Settings and City and County of Swansea.

## Any Actions for PSB: Note

- Action 1 Jig-so service has been evaluated by Swansea University and has demonstrated significant cost savings to both health and social care services. The estimated net cost avoided equated to £8,783 per case, per annum. This report was recently published and is available to the PSB.
- Action 2 Early raw data and professional insight is indicating that children in Swansea are experiencing delays in their speech and language. This is particularly evident in children living in areas of deprivation however speech and language delays are evident across the social gradient.

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